

**Best Sale of the
Year is Now
January!**

January 2012



FIGHT FIT
17820 Englewood Drive, Suite 5
Middleburg Heights
www.fightfitohio.com
440-234-KRAV

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 OPEN HOUSE <i>FREE Classes:</i> 9a KM Boot Camp 10a KM Kickboxing 10a KM Self Defense Intro 11a Core Fit
8	9	10	11	12	13	14
15	16	17	18	19	20	21 <i>American Red Cross Blood Drive at FF 12p to 4p</i>
22	23	24	25	26	27 <i>Fight Fit NAAFS Kickboxing Fights Night Out!</i>	28 <i>12p to 2p Intro to Yoga Seminar</i>
29	30	31	This is our monthly calendar with only our special events or seminars.	For our regular weekly schedule please see our SCHEDULE PAGE on our website.		