

# FIGHT FIT

Northeast Ohio's only:



Effective as of:  
October 13<sup>th</sup>, 2008

**NEW CLASSES:**

KM TEEN – THURS 7PM

**CHANGE:**

NO KMX ON WED CHANGED TO  
THURS 6PM

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						9a KM Fit
						9a Level 3
		10a KM Fit	10a Level 1		10a KM Fit	10a Intro
						10a Level 2
						11a Level 1
						11a KMX Kids
	4p KMX Kids					
	6p KM Fit	6p Level 1	6p KM Fit	5p Intro	6p Level 1	
	6p Level 3		6p Intro	6p KMX Kids	7p Level 2	
	7p Level 1	7p Level 2	7p Level 1	7p Level 2	7p KM Teen	
	8p Level 2	8p Fight Class	8p Weapons	8p Ground Fight/ Grappling		

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